



Project Number: 2023-1-PL01-KA121-SCH-000147735

OID: E10263675

Legal Name: VII LICEUM OGÓLNOKSZTAŁCĄCE IM. NAUCZYCIELI
TAJNEGO NAUCZANIA W BIAŁYMSTOKU

On behalf of VII LICEUM OGÓLNOKSZTAŁCĄCE IM. NAUCZYCIELI TAJNEGO NAUCZANIA W BIAŁYMSTOKU, which has received accreditation for Erasmus activities, we confirm the participation of a delegation of 20 students in a "Group Mobility of Students" with the school LICEO ARTISTICO "E. GRECO" in Catania from in April 2024 with the purpose of participating in cultural activities in everyday school life and job shadowing activities among teachers.

The title of the project is: **Body Language**

The project is intended to be interdisciplinary, aiming to combine various fields such as visual arts, dance, and music. We would like to conduct workshops on modern dance and contemporary techniques to prepare an "Alphabet of Meanings" expressed through movement with students. We are curious to explore whether despite cultural differences, our bodies react similarly to emotional stimuli, and whether it's possible to create a universal body language. After conducting the workshops, we plan to record movement in various interesting spaces outside of the school and create costumes by hand for presentation. Our goal is to create a recording where we symbolically tell a story through movement and body language.

The project aims to deepen awareness of the body, promote its acceptance, and view it as yet another form of artistic expression. We will strive to create conducive conditions for collaboration and openness during the workshops, providing ample space for self-realization and implementation of participants' ideas. We will document this intriguing process. We hope that by exploring the possibilities of our bodies in this way, we will broaden our understanding and empathy towards others.

The artistic high school "Emilio Greco" in Catania will contribute to the project also creating the costumes and the video recording through the fashion design and the multimedia courses. It is also experienced in structuring theatrical activities.

The project will last for the next two school years starting from April 2024 to the end of 2024/25, starting with the visit of student and teachers of VII Liceum Ogólnokształcące im. Nauczycieli Tajnego Nauczania w Białymstoku in April 2024 in Catania and following with the exchange visit of the Liceo Emilio Greco to Białystok in the first part of 2025. The project could also have the possibility to be prosecuted for other two years more till 2026/27 to improve all the aspects of the interdisciplinarity.

Date and Place

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Stamp and signature